



Behavioral Health ICD 10 Documentation Tips

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Presenters

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Depression- The Hard Way with ICD-10 Codes

Depression (acute) (mental) [F32.9](#)

agitated (single episode) [F32.2](#)
anaclitic - see [Disorder, adjustment](#)
anxiety [F41.8](#)
persistent [F34.1](#)
arches - see also [Deformity, limb, flat foot](#)
atypical (single episode) [F32.8](#)
basal metabolic rate [R94.8](#)
bone marrow [D75.89](#)
central nervous system [R09.2](#)
cerebral [R29.818](#)
newborn [P91.4](#)
cerebrovascular [I67.9](#)
chest wall [M95.4](#)

functional activity [R68.89](#)
hysterical [F44.89](#)
involuntal (single episode) [F32.8](#)
major [F32.9](#)
with psychotic symptoms [F32.3](#)
recurrent - see [Disorder, depressive, recurrent](#)
manic-depressive - see [Disorder, depressive, recurrent](#)
masked (single episode) [F32.8](#)
medullary [G93.89](#)
menopausal (single episode) [F32.8](#)
reactive (psychogenic) (single episode) [F32.9](#)
psychotic (single episode) [F32.3](#)
recurrent - see [Disorder, depressive, recurrent](#)
respiratory center [G93.89](#)

monopolar [F33.9](#)
nervous [F34.1](#)
neurotic [F34.1](#)
nose [M95.0](#)
postnatal [F53](#)
postpartum [F53](#)
post-psychotic of schizophrenia [F32.8](#)
post-schizophrenic [F32.8](#)
psychogenic (reactive) (single episode) [F32.9](#)
psychoneurotic [F34.1](#)
psychotic (single episode) [F32.3](#)
recurrent [F33.3](#)

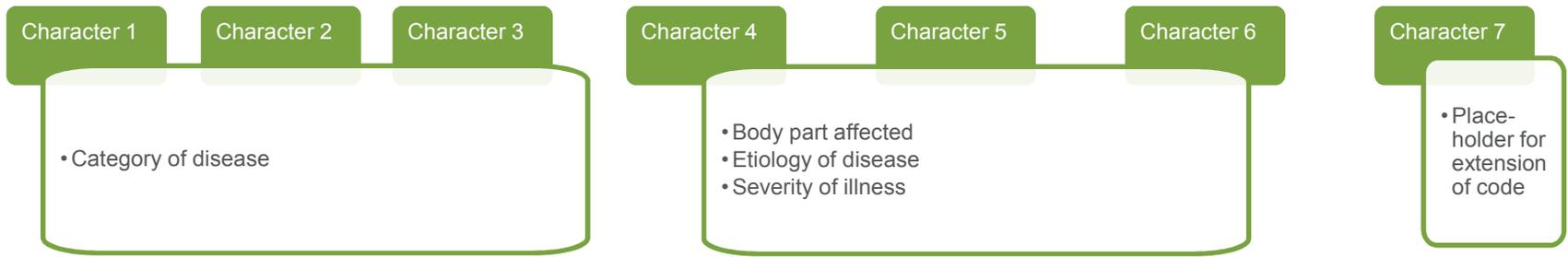
seasonal - see [Disorder, depressive, recurrent](#)
senile [F03](#)
severe, single episode [F32.2](#)
situational [F43.21](#)
skull [Q67.4](#)
specified NEC (single episode) [F32.8](#)
climacteric (single episode) [F32.8](#)
endogenous (without psychotic symptoms) [F33.2](#)

depressed mood [F43.21](#)
with anxiety [F43.23](#)
other specified symptom [F43.29](#)
adrenal (capsule) (gland) (medullary) [E27.9](#)
specified NEC [E27.8](#)
adrenogenital [E25.9](#)
drug-induced [E25.8](#)
iatrogenic [E25.8](#)
idiopathic [E25.8](#)
adult personality (and behavior) [F69](#)

aggressive, unsocialized [F91.1](#)
alcohol-related [F10.99](#)
with
amnesic disorder, persisting [F10.96](#)
anxiety disorder [F10.980](#)
dementia, persisting [F10.97](#)
intoxication [F10.929](#)
with delirium [F10.921](#)
uncomplicated [F10.920](#)
mood disorder [F10.94](#)
other specified [F10.988](#)

ICD-10 CM

- Diagnosis classification system developed by the Centers for Disease Control and Prevention for use in all U.S. health care treatment settings
- ICD 10 CM codes can have 3, 4, 5, 6 or 7 characters (alphanumeric)



I25.110	I25- Chronic ischemic heart disease	1- Atherosclerotic heart disease of native coronary artery	1- with angina pectoris	0- unstable angina pectoris
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A joint effort between the healthcare provider and the coder is essential to achieve complete and accurate documentation, code assignment, and reporting of diagnoses and procedures. One diagnosis code to be assigned in ICD 10 CM to include both the coronary artery disease and the identified angina.

ICD-10 Made Simple For Those That Have Coders- DOCUMENT!

Acuity- acute, chronic, intermittent

Severity- mild, moderate, severe

Etiology- trauma, diabetes, renal failure, exercise or infection induced

Location- where is it- be specific about which joint, chest, femur, posterior thorax

Laterality- which side is it? Left, right, both?

Detail: Present on admission status, associated symptoms (hypoxia, loss of consciousness), additional medical diagnoses, initial versus subsequent encounter

If you like mnemonics

Any: Acuity

Small: Severity

Error: Etiology

Loses: Location

Large: Laterality

Dollars: Detail- Present on admission status, associated symptoms, additional medical diagnoses, initial versus subsequent encounter

Behavioral Health Key Words

- **Depression**
 - Mild, moderate, severe
 - With or without psychotic features
 - Remission or partial remission
- **Attention deficit hyperactivity disorder** further classified as predominantly:
 - Inattentive or hyperactive or combined types
- **Dementia**
 - With or without behavioral changes
 - With gait disturbance or other associated findings
- **Schizophrenia-** specify type
 - Ex: Paranoid, disorganized, catatonic
- **Bipolar**
 - Manic, depressed or mixed

SOI (*Severity of Illness*) / ROM (*Risk of Mortality*)

- Documentation should reflect the acuity of the patient...
- If a patient dies because he or she was severely ill, but the documentation translates into codes that do not reflect the severity, the adjusted SOI and ROM poorly reflect the care provided.

FOUR SEVERITY OF ILLNESS SUBCLASSES	FOUR RISK OF MORTALITY SUBCLASSES
1. Minor	1. Minor
2. Moderate	2. Moderate
3. Major	3. Major
4. Extreme	4. Extreme

Anxiety Disorder:

John is being seen today with complaints of feeling tired with no interest in his usual activities. He is sleeping more than usual and has lost his appetite for the last three weeks, since his wife died. He is extremely anxious and states that he is depressed. He has no other complaints at this time. No physical problems were noted and he is in good health. He denies suicidal or homicidal ideation and has no psychotic features. He is not taking any medications. He does not drink but does smoke 2 ppd of cigarettes.

Example- Anxiety Disorder & Depression

ACUITY acute

SEVERITY moderate

ETIOLOGY recent loss of spouse

LOCATION n/a

LATERALITY n/a

DETAILS initial encounter
tobacco dependence

**ALL PUT
TOGETHER**

1. Acute, moderate anxiety due to recent loss of spouse. Initial encounter
2. Acute, major depressive disorder without psychosis due to loss of spouse.
3. Cigarette dependence

Drug Abuse

Tom is a 45 year old male, with history of Type 1 Diabetes. He is an established patient who was seen today at the insistence of his wife. However, this is the first visit for the wife's concern. She suspects that he has relapsed into his prior drug habit. His vital signs were somewhat elevated, and although oriented correctly to time and place, he is extremely talkative and moderately agitated. He admits to not eating for 2.5 days, and having very little sleep over two days. He admits to recent use of cocaine and marijuana. His blood sugar is within normal limits.

Example- Drug Abuse

ACUITY acute

SEVERITY moderate

ETIOLOGY drug abuse

LOCATION n/a

LATERALITY n/a

DETAILS initial visit

**ALL PUT
TOGETHER**

1. Acute cocaine and marijuana abuse with associated insomnia, and anorexia. Initial visit
2. Type I Diabetes

Mood Disorder:

Paul is a 60 year old male, who you follow for individual psychotherapy as part of his long-term treatment for *depression*. His condition is described as “*major depressive disorder*.” The patient has been taking his monoamine oxidase inhibitor (MAOI) medication and reports he feels the medication has helped him manage his impulsive, overly emotional, and erratic behavior. He is asking you to refill his medication. You review of all the patient’s current medications before prescribing. He smokes 3 cigars a day but has *no* other medical history.

Example- Mood Disorder

ACUITY chronic

SEVERITY well controlled

ETIOLOGY unknown

LOCATION n/a

LATERALITY n/a

DETAILS Subsequent visit

**ALL PUT
TOGETHER**

1. *Major depressive disorder, moderate, in full remission*
2. Medication Review, Subsequent visit
3. Cigar dependence

Psychotic Disorder: example

A 23-year-old recently-dismissed Marine presents to the Hospital ER with his father. The young man is noted to have mutism, and movement abnormalities, like walking backwards, posturing, and rigidity. His father reports that his son is smoking methamphetamine, and using LSD regularly. He explained that his son was seeing “little ugly monsters” in his closet; and that he is combative and argumentative. He has poor personal hygiene and you suspect that he is suffering from PTSD.

Example- Psychotic Disorder

ACUITY acute

SEVERITY moderate

ETIOLOGY drug abuse/combat stress

LOCATION n/a

LATERALITY n/a

DETAILS initial encounter; psychosis

**ALL PUT
TOGETHER**

1. Acute moderate psychosis due to methamphetamine abuse. Initial encounter
2. PTSD due to active duty military deployment. Initial encounter

Difference between use, abuse and dependence in ICD-10

Abuse – Problematic use of drugs or alcohol but without dependence

Dependence – Increased tolerance to drug or alcohol with a compulsion to continue taking the substance despite the cost, withdrawal symptoms often occur upon cessation

F12.1 - Cannabis **abuse**

F12.10 - Cannabis abuse, uncomplicated

F12.12 - Cannabis abuse with intoxication

F12.120 - Cannabis abuse with intoxication, uncomplicated

F12.121 - Cannabis abuse with intoxication delirium

F12.122 - Cannabis abuse with intoxication with perceptual disturbance

F12.129 - Cannabis abuse with intoxication, unspecified

F12.15 - Cannabis abuse with psychotic disorder

F12.150 - Cannabis abuse with psychotic disorder with delusions

F12.151 - Cannabis abuse with psychotic disorder with hallucinations

F12.159 - Cannabis abuse with psychotic disorder, unspecified

F12.18 - Cannabis abuse with other cannabis-induced disorder

F12.180 - Cannabis abuse with cannabis-induced anxiety disorder

F12.188 - Cannabis abuse with other cannabis-induced disorder

F12.19 - Cannabis abuse with unspecified cannabis-induced disorder

F12.2 - Cannabis **dependence**

F12.20 - Cannabis dependence, uncomplicated

F12.21 - Cannabis dependence, in remission

F12.22 - Cannabis dependence with intoxication

F12.220 - Cannabis dependence with intoxication, uncomplicated

F12.221 - Cannabis dependence with intoxication delirium

F12.222 - Cannabis dependence with intoxication with perceptual disturbance

F12.229 - Cannabis dependence with intoxication, unspecified

F12.25 - Cannabis dependence with psychotic disorder

F12.250 - Cannabis dependence with psychotic disorder with delusions

F12.251 - Cannabis dependence with psychotic disorder with hallucinations

F12.259 - Cannabis dependence with psychotic disorder, unspecified

F12.28 - Cannabis dependence with other cannabis-induced disorder

F12.280 - Cannabis dependence with cannabis-induced anxiety disorder

F12.288 - Cannabis dependence with other cannabis-induced disorder

F12.29 - Cannabis dependence with unspecified cannabis-induced disorder

F12.9 – Cannabis use – (similar classification for cannabis use)

Documentation should be clear as to the abuse or dependence of alcohol/drugs and the associated complications/conditions

Alcohol related disorders – “Alcohol use” added

F10.1 Alcohol Abuse	F10.2 Alcohol Dependence	F10.9 Alcohol use, unspecified
F10.10 Uncomplicated	F10.20 Uncomplicated	
	F10.21 in remission	
F10.12 with intoxication <ul style="list-style-type: none"> • F10.120 – uncomplicated • F10.121 – with delirium • F10.129 – intoxication, unspecified 	F10.22 with intoxication <ul style="list-style-type: none"> • F10.220 – uncomplicated • F10.221 – with delirium • F10.229 – intoxication, unspecified 	F10.92 with intoxication <ul style="list-style-type: none"> • F10.920 – uncomplicated • F10.921 – with delirium • F10.929 – intoxication, unspecified
	F10.23 with withdrawal F10.230 – uncomplicated F10.231 – withdrawal delirium F10.232 – withdrawal with perceptual disturbance F10.239 - unspecified	
F10.14 with alcohol induced mood disorder	F10.24 with alcohol induced mood disorder	F10.94 with alcohol induced mood disorder
F10.15 with alcohol induced psychotic disorder <ul style="list-style-type: none"> • F10.150 – with delusions • F10.151 – with hallucinations • F10.159 – unspecified 	F10.25 with alcohol induced psychotic disorder <ul style="list-style-type: none"> • F10.250 – with delusions • F10.251 – with hallucinations • F10.259 – unspecified 	F10.95 with alcohol induced psychotic disorder <ul style="list-style-type: none"> • F10.950 – with delusions • F10.951 – with hallucinations • F10.959 – unspecified
	F10.26 with alcohol induced persisting amnesic disorder	F10.96 with alcohol induced persisting amnesic disorder
	F10.27 with alcohol induced persisting dementia	F10.97 with alcohol induced persisting dementia
F10.18 with other alcohol induced disorders <ul style="list-style-type: none"> • F10.180 – anxiety disorder • F10.181 – sexual dysfunction • F10.182 – sleep disorder • F10.188 – others 	F10.28 with other alcohol induced disorders <ul style="list-style-type: none"> • F10.280 – anxiety disorder • F10.281 – sexual dysfunction • F10.282 – sleep disorder • F10.288 – others 	F10.98 with other alcohol induced disorders <ul style="list-style-type: none"> • F10.980 – anxiety disorder • F10.981 – sexual dysfunction • F10.982 – sleep disorder • F10.988 – others
F10.19 with unspecified alcohol induced disorder	F10.29 with unspecified alcohol induced disorder	F10.99 with unspecified alcohol induced disorder

All 3 subcategories of use/abuse/dependency are further subdivided to specify the presence of intoxication or withdrawal. If alcohol use is documented without further specificity as to abuse or dependence it is considered use.

ICD-10 Procedures – Mental Health

ICD-10 PCS structure	Section	Body System	Root Operation	Type Qualifier	Qualifier	Qualifier	Qualifier
ICD 9 Code	94.39 (individual psychotherapy)	N/A	N/A	N/A	N/A	N/A	N/A
Documentation required for ICD-10 PCS coding	Mental Health	None	Individual psychotherapy.	Interactive	NONE	NONE	NONE
ICD 10 Code	G	Z	5	0	Z	Z	Z

Root	3 rd Character	Definition
1	Psychological Test	The administration and interpretation of standardized psychological tests and measurement instruments for the assessment of psychological function.
2	Crisis Intervention	Treatment of a traumatized, acutely disturbed or distressed individual for the purpose of short-term stabilization.
3	Medication management	Monitoring and adjusting the use of medications for the treatment of a mental health disorder
5	Individual Psychotherapy	Treatment of an individual with a mental health disorder by behavioral, cognitive, psychoanalytic, psychodynamic, or psycho-physiological means to improve functioning or well-being.
6	Counseling	The application of psychological methods to treat an individual with normal developmental issues and psychological problems in order to increase function, improve well-being, alleviate distress, maladjustment or resolve crises
7	Family Psychotherapy	Treatment that includes one or more family members of an individual with a mental health disorder by behavioral, cognitive, psychoanalytic, psychodynamic or psycho-physiological means to improve functioning or well-being.
B	Electroconvulsive Therapy	The application of controlled electrical voltages to treat a mental health disorder.
C	Biofeedback	Provision of information from the monitoring and regulating of physiological processes in conjunction with cognitive-behavioral techniques to improve patient functioning or well-being
F	Hypnosis	Induction of a state of heightened suggestibility by auditory, visual and tactile techniques to elicit an emotional or behavioral response
G	Narcosynthesis	Administration of intravenous barbiturates in order to release suppressed or repressed thoughts
H	Group Psychotherapy	Treatment of two or more individuals with a mental health disorder by behavioral, cognitive, psychoanalytic, psychodynamic or psycho-physiological means to improve functioning or well-being
J	Light Therapy	Application of specialized light treatments to improve functioning or well-being

Mental Health Section of ICD-10-PCS contains specific values in the third and the fourth character to describe mental health procedures.

ICD-10 Procedures - Substance abuse treatment

ICD-10 PCS structure	Section	Body System	Root Operation	Type Qualifier	Qualifier	Qualifier	Qualifier
ICD 9 Code	94.66 (drug rehabilitation and detoxification)	N/A	N/A	N/A	N/A	N/A	N/A
Documentation required for ICD-10 PCS coding	Substance abuse treatment	None	Detoxification	None	NONE	NONE	NONE
ICD 10 Code	H	Z	2	Z	Z	Z	Z

Root	Description	Definition
2	Detoxification Service	Detoxification from alcohol and/or drugs.
3	Individual Counseling	The application of psychological methods to treat an individual with addictive behavior.
4	Group Counseling	The application of psychological methods to treat two or more individual with addictive behavior.
5	Individual Psychotherapy	Treatment of an individual with addictive behavior by behavioral, cognitive, psychoanalytic, psychodynamic, or psycho-physiological means.
6	Family Counseling	The application of psychological methods that include one more family members to treat an individual with addictive behavior.
8	Medication Management	Monitoring and adjustment the use of replacement medication for the treatment of addiction.
9	Pharmacotherapy	The use of replacement medications for the treatment of addiction.

Substance Abuse Section of ICD-10-PCS is structured similar to Mental Health codes and once again the most important character in this section is root type (the third character), while the type qualifier (the fourth character) further specifies the procedure type as needed.

ICD-10 CM Quick Pointers

Depression Symptoms	Anxiety symptoms
R45.2 Unhappiness	
R45.3 Demoralization and apathy	Z56.1 Change of job
R45.4 Irritability and anger	Z60.0 Problems of adjustment to life-cycle transitions
R45.5 Hostility	R45.0 Nervousness
R45.6 Violent behavior	R45.1 Restlessness and agitation
R45.7 State of emotional shock and stress, unspecified	R45.82 Worries
R45.83 Excessive crying of child, adolescent or adult	R45.86 Emotional lability
R45.851 Suicidal ideations	R45.87 Impulsiveness

Codes classified as symptoms are available in ICD 10 CM, that may assist in explaining a patient's mental state and resultant use of prescribed *antidepressants* or *anti-anxiolytics*

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For any questions:

QUESTIONS? CONCERNS?

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