



SLEEP DISORDERS

The following are important documentation tips and strategies for this disease/condition as required by the specificity needed in ICD-10:

- Specify the type (e.g., insomnia, hypersomnia, circadian rhythm sleep disorders, sleep apnea, narcolepsy, parasomnia, etc.).
- List other underlying or related conditions (e.g., nightmares, sleepwalking).
- Detail any contribution alcohol or drug use has on the condition.

- Specify the drug by name