

## BEHAVIORAL SYNDROMES ASSOCIATED WITH PHYSIOLOGICAL CONDITIONS

*The following are important documentation tips and strategies for this disease/condition as required by the specificity needed in ICD-10:*

- Specify the type of behavioral syndrome associated with physiological disturbances and physical factors. Included are:
  - *Eating disorders (e.g., anorexia nervosa, bulimia, psychogenic loss of appetite, etc.).*
  - *List any restricting, bingeing, or purging.*
  - *Sleep disorders (e.g., paradoxical insomnia, primary hypersomnia, sleepwalking, sleep terrors, etc.).*
  - *Sexual dysfunction not associated with other conditions (e.g., psychogenic impotence, inhibited orgasm, nymphomania, etc.).*
  - *Postpartum depression.*
  - *Abuse of non-psychoactive substances (e.g., antacids, laxatives, vitamins, etc.).*
  - *Psychological and behavior factors affecting physical conditions.*
  - *Describe the condition affected (e.g., asthma, ulcerative colitis, dermatitis, etc.).*
- List any related alcohol or drug use, abuse, or dependence.
- Clarify any associated mental or adjustment disorder(s).